



Panthers Session Schedule – August 2023 to June 2024 (shown by day of the week)



Day	Venue	Time	From / To	Coaches	Age-Group / Session
MONDAY	Aberdeen Grammar School	6pm to 7.30pm (1.5 hrs) Term Time Only	Start 28 Aug 2023 End 24 Jun 2024	Matt, Morven, Jill, Becca	U12 Boys & Girls
	Aberdeen Grammar School	7.30pm to 9.30pm (2 hrs) Term Time Only	Start 28 Aug 2023 End 24 Jun 2024	Nick, Aaron, Woody	Snr Men Mental Health
TUESDAY	Portlethen Academy	6pm to 7.30pm (1.5 hrs) Every Week	Start 22 Aug 2023 End 25 Jun 2024	Ityona, Jackie, Owen	U10/12 Boys & Girls (Primary 5, 6 & 7)
	Portlethen Academy	7.30pm to 9.30pm (2 hrs) Every Week	Start 22 Aug 2023 End 25 Jun 2024	Andrew, Shaun	U16/18 Girls & Snr Women
WEDNESDAY	ISA	7pm to 9pm (2 hrs) Every Week	Start 30 Aug 2023 End 26 Jun 2024	Craig, Willie, Connor, Andy	U16/18 Boys National League
	RGU	5pm to 7pm (2 hrs) Every Week	Start 30 Aug 2023 End 26 Jun 2024	Mandy, Chrissie	U14 to U18 Girls & Boys
THURSDAY	Aberdeen Grammar School	6pm to 7.30pm (1.5 hrs) Term Time Only	Start 24 Aug 2023 End 27 Jun 2024	Mandy, Jackie	U14/16 Girls
	Aberdeen Grammar School	7.30pm to 9.30pm (2 hrs) Term Time Only	Start 24 Aug 2023 End 27 Jun 2024	Shaun, Andrew	U18 Girls & Snr Women
	NESCOL Fraserburgh	6.15pm to 7.30pm (1.25 hrs) Term Time Only	Start 24 Aug 2023 End 27 Jun 2024	Leo, Chloe	U12s Mixed
	NESCOL Fraserburgh	7.30pm to 9pm (1.5 hrs) Term Time Only	Start 24 Aug 2023 End 27 Jun 2024	Leo	U14/16/18 Mixed

Continued.....

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Email: panthersbasketballclub2006@gmail.com



Panthers Session Schedule – May 2023 to June 2023

(shown by day of the week)



Day	Venue	Time	From / To	Coaches	Age-Group / Session
FRIDAY	Mackie Academy	5pm to 6.30pm (1.5 hrs) Term Time Only	Start 25 Aug 2023 End 28 Jun 2024	Jodie, Alivia, Meghan	U8/U10/12 Boys & Girls (Primary 3, 4, 5 & 6)
	Portlethen Academy	5.30pm to 7.30pm (2 hrs) Every Week	Start 25 Aug 2023 End 28 Jun 2024	Miro, Ityona, Wendy	U14 Boys
	Portlethen Academy	7.30pm to 9.30pm (2 hrs) Every Week	Start 25 Aug 2023 End 28 Jun 2024	Silvana	U16 & U18 Boys
	Aberdeen Grammar School	7pm to 9pm Term Time Only	Start 25 Aug 2023 End 28 Jun 2024	Nick, Aaron	All Snr Men
SATURDAY	ISA	11am to 1pm (2 hrs) Every Week	Start 2 Sep 2023 End 25 May 2024	Mandy, Elena, Shaun	U16/18 Girls NL
	ISA	11am to 1pm (2 hrs) Every Week	Start 2 Sep 2023 End 25 May 2024	Lisa, Miro	U14 Boys NL
SUNDAY	Portlethen Academy	11am to 1pm (2 hrs) Every Week	Start 6 Aug 2023 End 26 May 2024	Craig, Connor	U18 Boys NL
	Portlethen Academy	1pm to 3pm (2 hrs) Every Week	Start 6 Aug 2023 End 26 May 2024	Willie, Andy	U16 Boys NL
	Portlethen Academy	3pm to 5pm (2 hrs) Every Week	Start 6 Aug 2023 End 26 May 2024	Leo, Katie, Shaun	U14 Girls & U18 Girls NL

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